

# September 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
(GF) - Gluten Free		<b>Tuesdays are now breaded chicken patty day. (No fresh grilled chicken breasts)</b>		<b>Thursdays are now Turkey Burger Day! (No hamburgers)</b>	(GF)Teriyaki Chicken, <b>1</b> (GF)Orange Cashew Broccoli Salad Wontons Hawaiian BBQ Pizza
<b>Sandwich:</b> Philly cheese Steak <b>Salad:</b> Chef Salad <b>Dessert:</b> GF Snickerdoodle <b>Snack:</b> Pinwheels	<b>4</b> <b>LABOR DAY</b>  <b>Cafe Open Holiday Hours 9am - 1pm</b>	<b>5</b> Spaghetti & Meatballs, Green Beans w/Bacon & red onion, garlic bread Chicken Dumpling Soup	<b>6</b> Turkey Commercial Brown Sugar Glazed Carrots Mini Pizzas	<b>7</b> Chicken Cordon Bleu Broccoli & Dinner Roll GF Chili	<b>8</b> (GF)Salt & Pepper Cod Cilantro Vinaigrette Rice and vegetable medley Pepperoni Pizza
<b>Sandwich:</b> Tuna Melt <b>Salad:</b> Mediterranean chickpea salad <b>Dessert:</b> GF snickerdoodle cookies <b>Snack:</b> Meat & Cheese Bento Snack Box	<b>11</b> (GF)Tacos Fiesta Rice Cali BBQ Flat Bread <i>GF Taco shells upon request</i>	<b>12</b> (GF)Herb Roasted Pork Loin Diced potatoes, Sauteed Parmesan Sprouts GF Butternut Squash Soup	<b>13</b> Totchos Roasted Asparagus Mini Pizzas	<b>14</b> (GF)Sticky Honey Garlic Pork, Rice Broccoli Egg Roll Vegetable Beef Soup	<b>15</b> Chicken Enchiladas Cilantro lime rice, Mexican corn bread Supreme Pizza
<b>Sandwich:</b> The Muffaletta <b>Salad:</b> Tex Mex <b>Dessert:</b> Ultimate Brownie Bar <b>Snack:</b> Chickpea Falafel snack box	<b>18</b> (GF)Ramen Bowls (GF)Grilled chicken & Bacon Jam Flat Bread	<b>19</b> Gyro/shawarma tabbouleh & Greek lemon potatoes Chili Soup	<b>20</b> Swedish meatballs, Vegetable Mash Mini Pizzas	<b>21</b> Ranchero wraps* Coleslaw Chicken Noodle Soup <i>*GF Upon request</i>	<b>22</b> Seadog Basket Vegetable Medley Sausage Pizza
<b>Sandwich:</b> Italian Stallion <b>Salad:</b> Sweet Chicken & Spinach <b>Dessert:</b> Strawberry Swirl Cheese-cake <b>Snack:</b> (GF) Italian Pasta salad	<b>25</b> Autumn Chicken Dinner w/Tortellini & a breadstick  (GF)Sweet Potato Flatbread W/Balsamic Onion Jam	<b>26</b> Tater Tot Casserole Asparagus Tomato Bisque	<b>27</b> (GF) Pot Roast mixed veggies & sweet potato fries Mini Pizza	<b>28</b> (GF)Bahn Mi bowl Broccoli Cheese Soup	<b>29</b> Fried Food Friday Fresh vegetable Bacon Cheeseburger Pizza

**Breakfast @ The Grill Cafe**

**Mondays:** Waffles Made to Order

**Tuesdays:** Breakfast Sandwiches (ham, egg & cheese each week +1 specialty sandwich); Scones; Oatmeal Bar (hot oatmeal w/choice of toppings)

**Wednesdays:** Biscuits & Gravy; Berry Tarts

**Thursdays:** Breakfast Wraps - Oatmeal Bar (hot oatmeal w/choice of toppings)

**Fridays:** French Toast or Pancakes

**Monday - Friday:** Eggs made to order, breakfast meats, breakfast potatoes, pastries

Saturdays & Sundays 9 a.m. - 12 p.m.  
Grab-n-Go; and call ahead to order pancakes,  
French toast, eggs, burgers,  
chicken sandwiches, fries & tots

